

Willersey Covid-19 Support Group **Risk Management Instructions**

200327 Version 1 Final

A virus can be spread between volunteer & resident through proximity or contact with surfaces. It is imperative that we all keep as safe as possible by adopting **the most rigorous** approach.

Proximity

- Do not enter a resident's home
- Keep a distance of **not less than 2m** (i.e at least 3 steps)

Preventing the spread of infection

Protect yourself and others, when collecting and delivering items:

- Soap and water is the most effective way of removing the virus from your skin. Wash your hands regularly and thoroughly with soap and water for a minimum of 20 seconds each time. Also, wash your face with hands and soap at regular intervals.
- When undertaking deliveries etc, use alcohol-based hand rubs or disinfectant wipes as a substitute for washing with soap and water.
- Avoid contact with potentially contaminated surfaces.
- Clean steering wheel, controls and handles of vehicle to be used to make collection with disinfectant.
- Disinfect/sterilise potentially contaminated surfaces after fetching items & prior to handing over items.
- Do not touch your face, especially your eyes, nose or mouth.
- Avoid handling cash. Use either pre-paid digital approaches or transfer cash in plastic bags.

Information

Government advice is changing daily so you should make sure you keep yourselves informed of the most up to date advice.

This link contains clear and helpful information on shopping safely:
www.bbc.co.uk/news/science-environment-52040138

The Willersey Village website has important information on the virus and preventing the spread of infection: <http://www.willersey.org/corona.htm>

Shopping

Shopping items could potentially become contaminated at the shop/supermarket, in transit, or in the volunteer's/resident's home.

Supermarkets & pharmacies are potential contamination hot-spots, with people in a confined space, checkout operators exposed to public, surfaces touched by several people in a short time (stacking, browsing, handling at tills etc)).

Use outlets that have adapted their spaces (e.g. one-way traffic) rather than busy shops, adopting the measures referenced above.

Make residents aware of other essential supply & delivery services, as listed on the Willersey Village website <http://www.willersey.org/corona.htm>

Willersey Covid-19 Support Group, Steering Group

World Health Organisation (WHO) Q&A on coronaviruses (COVID-19):

<https://www.who.int/news-room/q-a-detail/q-a-coronaviruses>

It is not certain how long the virus that causes COVID-19 survives on surfaces, but it seems to behave like other coronaviruses. Studies suggest that coronaviruses (including preliminary information on the COVID-19 virus) may persist on surfaces for a few hours or up to several days.

BBC Guidance on social distancing for everyone in the UK:

<https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people/guidance-on-social-distancing-for-everyone-in-the-uk-and-protecting-older-people-and-vulnerable-adults>

- *Do not touch your eyes, nose, and mouth with unwashed hands*
- *Avoid close contact with people who have symptoms*
- *Cover your cough or sneeze with a tissue, then throw the tissue in a bin and wash your hands*
- *Clean and disinfect frequently touched objects and surfaces in the home*

Disinfectant options:

- *Diluting household bleach*
- *Alcohol solutions*
- *Other common EPA-registered household disinfectant*

Source: Centers for Disease Control and Prevention (CDC):

<https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>

(note – as CDC is American, it is uses US measures)